

FIRST SUNDAY OF
LENT



**Our Lady
Star of the Sea**

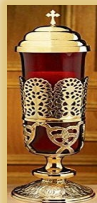
Roman Catholic Community
in the Diocese of Bridgeport

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www.ourladystaroftheseastamford.org

March 9, 2025



*This week the
Sanctuary Candle burns for
Salvatore (Sam) Cingari
Requested by his family*



Mass Intentions

SATURDAY, MARCH 8

5:30pm Frank Russo (req. by Mary Russo & family)

SUNDAY, MARCH 9

9:00am Jose Pastilho (req. by Elsa Neto)

11:00am Guiseppe Rosa & Ben Grossi
(req. by Masone & Martino families)

MONDAY, MARCH 10

8:00am Eric Brennan (req. by Ann O'Connor)

TUESDAY, MARCH 11

8:00am Carlos Zamora (req. by Michael & Ana Ferro)

WEDNESDAY, MARCH 12

8:00am Frank Maikish (req. by Jane Maikish)

THURSDAY, MARCH 13

8:00am Anthony Kurche (req. by Grace Kurche)

FRIDAY, MARCH 14

8:00am Frederick M. Bortolan, Sr.

7:00pm Stations of the Cross

SATURDAY, MARCH 15

5:30pm Creighton Kane

SUNDAY, MARCH 16

9:00am Alexandra Andrade (req. by Andrade family)

11:00am Joe Masone (req. by Masone ad Martino families)



WEEKLY COLLECTION:

This Year (3/2/2025) \$11,317;

Last Year (3/3/2024) \$ 4,965;

Monthly Utilities Collection \$ 2,311;

Thank you for your generosity

LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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1ST SUNDAY OF LENT

The devil said to him, "All this will be yours, if you worship me." Jesus said to him in reply, "It is written:
You shall worship the Lord, your God,
and him alone shall you serve."
- Lk 4:6a, 7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

One of the most fascinating moments in American history is when George Washington could have become the king of the newly liberated United States and didn't. At the height of his power and fame, on Dec. 23, 1783, he resigned his commission as Commander-in-Chief, and went home. The astonished King of England remarked that in doing so, Washington was "the greatest man in the world." Greatness is often defined by what we could do but don't. Greatness is measured by the temptations we overcome.

Jesus' greatness is revealed in his victory over temptations, too. The three offered him by the devil contain, we might say, all potential possible temptations: food, power and fame. They correspond to the triple human needs of body, soul and spirit. In overcoming these three, he says "no" in essence to every and even the greatest temptation. We see that every desire of his humanity — body, soul and spirit — is perfectly united to God, to love. This is a power available to each member of his body. It is the path to true greatness. How can we, who so easily fall into even small temptations, find the power to overcome large ones? By entering into the great dynamics of Jesus' temptations.

Lenten challenge: This first week of Lent, list some concrete ways you can overcome temptations that correspond with your desires. For example, you may give up snacks between meals, choose not to participate in an activity of which you are an expert, and decide to reduce social media posting by 50%. It may not seem like much, but by saying "no" to the tyranny of food, power, and fame (in this example), you'll discover true greatness. — Father John Muir ©LPi



PLEASE NOTE
Mark your calendars
Starting March 8th
Saturday Vigil Mass moves to
5:30pm.

Enhance Your Lenten Journey
THE CHOSEN: Season 4



OLSS Meeting Room
Bring a dish & refreshments to share
Saturdays during Lent,
Mar. 8th, 15th, 22nd, 29th, Apr. 5th, 12th
Pot Luck 6:45
Show 7:00 pm

2025 Lenten Parish Retreat

LIFEBOAT: A Radical Reorientation for Catholic Survival



*Where are we?
Where are we going?
How do we get there?*



Sunday, March 16 7:00 PM
Monday, March 17 7:00 PM
Tuesday, March 18 7:00 PM

Directed by Father Herald Brock, CFR
All Welcome!
Join Us!

**INTRODUCTION TO CENTERING PRAYER
(every other Saturday 7:30am - 8:15am)**

Next meeting will take place **March 15** at
Deacon Gauthier's home (76 Auldwood Road)

All are welcome.

*Lenten Personal Care Items Collection
March 15– March 30, 2025*

- | | |
|---------------------------------|----------------------------|
| Toothbrush/ Toothpaste | Lotion (small size) |
| Deodorant | Combs & brushes |
| Bar soap/ body wash | Lip balm |
| Shampoo & Conditioner | Nail clippers |
| Disposable razors/shaving cream | Hand sanitizer (small) |
| Baby wipes | Tissues (individual packs) |

Care items in regular or travel sizes
Sweatpants, Sweatshirts, Underwear, Socks (new only)

All donations will be given to Pacific House
or New Covenant Center

Thank you for your generosity!



**STATIONS
OF THE
CROSS**

Every Friday
during Lent
@ 7:00 pm



Did you know Catholic Charities provided over 1M Meals, thousands of toys, socks, toiletries, coats and counseling sessions to those in need?

OUR LADY STAR OF THE SEA
1200 SHIPPAN AVENUE, STAMFORD, CT 06902
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Pastor: Rev. Peter K. Smolik FrSmolik@diobpt.org
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Music - Michael Alderman olssmusicdirector@gmail.com

MAKE YOUR GIFT TO THE
BISHOP'S APPEAL TODAY!
WWW.2025BISHOPSAPPEAL.ORG



OLSS VOLUNTEER FAIR 2025

Here I Am Lord!

Share your time and talents to serve the Lord
through the Ministries of OLSS
Fellowship, fun, food, drink and a raffle!
Learn More!

Join Us
Saturday March 29th & Sunday, March 30th
After all the Masses